

SARAH STEVENS
BSc.PT, BPHE (hons), CAFCI, RCAMT, DOMP

Cell: (778) 235-9069
www.endurnacephysiotherapy.ca

Strengths

- 1 Certified in acupuncture by the Acupuncture Foundation of Canada Institute (CAFCI)
- 2 Resident of the Canadian Academy of Manual Therapists (RCAMT)
- 3 Sensitive to cultural and individual needs of each client
- 4 Taping experience with sports teams as well as Standardized Test of Fitness Appraiser

Special Courses

Thesis Defense Canadian College of Osteopathy	<i>March 29, 2017</i>
Fifth year Canadian College of Osteopathy	<i>September 2012</i>
Fourth year Canadian College of Osteopathy	<i>September 2010</i>
Pediatrics course- osteopathy	<i>February 2008</i>
Third year Canadian College of Osteopathy	<i>September 2007</i>
Second year Canadian College of Osteopathy	<i>September 2006</i>
First year studies at the Canadian College of Osteopathy	<i>September 2005</i>
Lumbar spine, pelvis and hip with Diane Lee and LJ Lee, Seattle	<i>January 2005</i>
Manual Therapy Level 3- Upper Quadrant	<i>September 2004</i>
Manual Therapy Level 3- Lower quadrant	<i>July 2004</i>
Manual Therapy Level 2- Upper quadrant	<i>March 2004</i>
Neuro Anatomy Refresher	<i>November 2003</i>
Acupuncture- Part 1, Level 2A and 3A	<i>October 2003</i>
Non-Organic pain patient management	<i>October 2003</i>
Lynn Watson- Shoulder Course level 1	<i>March 2003</i>
Manual Therapy Level 2- Lower quadrant	<i>February 2003</i>
Mulligan- Upper Extremity	<i>November 2001</i>
Acupuncture- Part 1, Level 1	<i>December 2000</i>
Robin McKenzie Institute- Part A	<i>November 2000</i>
Shirley Sahrman-Level 1	<i>April 1999</i>

Clinical Experience

Registered Physiotherapist:

Endurance Physiotherapy	<i>July 2006- present</i>
Plaza Physiotherapy	<i>Sept 2008- Aug 2013</i>
Child Development Centre: Abbotsford	<i>Oct 2008- Oct 2009</i>
York Centre Physiotherapy	<i>November 2006-Septeber 2008</i>
Drake Medox Rehabilitation and Physiotherapy	<i>December 2005-July 2006</i>
Surrey Sports and Rehabilitation Physiotherapist Corporation	<i>Dec 2004-Dec 2005</i>
Ocean Pointe Physiotherapy Consultants, White Rock	<i>May - Dec 2004</i>
Canadian Back Institute, Prince George, BC	<i>Nov 2002- Mar 2004</i>

Locum Physiotherapist

Delta Orthopaedic Physiotherapy Clinic	<i>Jun -Dec 2005</i>
Refinery Pilates Studio and Physiotherapy	<i>Nov 2004 – Dec 2004</i>
Lynn Valley Sports and Orthopaedic Physiotherapy	<i>Jul -Nov2004, Jan 2005</i>
Bental Mediacenter Physiotherapy	<i>Oct 2004</i>
Trelor Physiotherapy	<i>Oct 2004</i>

Physiotherapist (supervised):

September 2001- January 2002

Lampton Hospital , Sarnia, ON

- 1 Ran a pool program for patients, including patients with fibromyalgia
- 2 Assisted an orthopedic surgeon in his ambulatory care clinic

Student Placements:

May 1999- April 2001

Home Care: Communicare Therapy

Neurology: Temiskaming Hospital

Out-Patient Orthopedics: London Health Science Center

Cardiorespiratory: Vancouver General Hospital

Athletic Training: Royal Military College

In-patient Orthopedics: Lakeridge Health

Private Practice Orthopedics: Canadian Back Institute

Education

Queen’s University: Physical Therapy, BSc. PT	<i>1997-2001</i>
University of Toronto: Physical and Health Education, B.P.H.E. (honours)	<i>1993-1997</i>

Volunteer Experience

Athletic Trainer: College of New Caledonia Volleyball Team	<i>September-December 2003</i>
Search and Rescue- Prince George	<i>January 2003- March 2004</i>
Medical Staff: Adventure Racing	<i>September 1999; July 2000; June 2001</i>
Athletic Trainer: Royal Military College Varsity Soccer Team	<i>Sept- Dec 2000</i>

Other Skills & Qualifications

Standard First Aid and CPR
National Lifeguard Service, Red Cross Swim Instructor (not current)
HTML computer language- for web pages
STFA- Standardized Test of fitness appraiser

Membership in Societies and Organizations

R. Tait McKenzie Society, University of Toronto (honours BPHE students)
Canadian Physiotherapy Association, Orthopedic division

Interests

White water canoeing, hiking, volleyball, mountain biking, Pilates, Alexander technique, Cranial-Sacral therapy, hip hop and salsa dancing, water colour painting, ultimate frisbee